

Cancer Treatment Travel Checklist

Use this before traveling to another city, state or country for treatment, a second opinion or a clinical trial.

Medical records

- ☐ **Pathology report** - Include diagnosis, grade and available biomarker information.
- ☐ **Imaging reports** - CT, PET, MRI, ultrasound and other relevant reports.
- ☐ **Actual imaging files** - Bring or transfer DICOM image files when requested.
- ☐ **Treatment history** - Surgeries, radiation, chemotherapy, immunotherapy, targeted therapy and dates.
- ☐ **Medication list** - Prescription drugs, over-the-counter medicines and supplements.
- ☐ **Recent laboratory results** - Bring relevant blood work and organ-function results.
- ☐ **Molecular/genomic testing** - Include tumor sequencing or liquid-biopsy reports if available.

Appointments & contacts

- ☐ **Written appointment schedule** - Confirm arrival time, location and expected duration.
- ☐ **Treating physician contact** - Keep phone/fax/email for record transfers.
- ☐ **Emergency contact** - List caregiver and home medical-team contacts.
- ☐ **Questions list** - Write down the questions you want answered before the visit.

Transportation & lodging

- ☐ **Check free-flight programs first** - Apply before buying airfare when possible.
- ☐ **Ask about ground transportation** - Volunteer rides, gas support and medical transportation may be available.
- ☐ **Confirm lodging requirements** - Some programs require active treatment, distance from home or referral.
- ☐ **Ask about medical hotel rates** - Do not assume the public hotel rate is the lowest available.
- ☐ **Plan caregiver accommodations** - Confirm whether a companion can stay or travel under the program.

Travel logistics

- ☐ **Identification and travel documents** - Bring required ID, passport/visa documents when applicable.
- ☐ **Medication transport** - Keep prescriptions in labeled containers and carry essential medications with you.
- ☐ **Mobility needs** - Arrange wheelchair or airport assistance in advance if needed.
- ☐ **Backup plan** - Know what happens if treatment dates or flights change.
- ☐ **Budget** - Plan meals, parking, local transportation, baggage and unexpected extra nights.

Before leaving home

- ☐ **Confirm the clinic received your records** - Do not assume electronic transfer was successful.
- ☐ **Confirm payment/insurance arrangements** - Know what is covered, self-pay and due at the visit.
- ☐ **Save lodging and transportation contacts** - Keep them offline as well as on your phone.
- ☐ **Pack a treatment-day bag** - Documents, medications, water/allowed snacks, charger and comfort items.

Resource note: This worksheet is for organization and education only. Programs and eligibility change. Verify current information directly with each organization. Last reviewed August 17, 2026.