

My treatment-travel checklist

Confirm your care schedule and needs before committing to travel.

Name: _____ Date: _____

Before booking

- ☐ Ask my treating team whether travel is appropriate for me.
- ☐ Confirm appointment dates, expected stay, and arrival instructions.
- ☐ Ask about costs, deposits, and changes to the care schedule.
- ☐ Confirm transportation, accessibility, and support-person needs.
- ☐ Review lodging distance, cancellation terms, kitchen, and laundry.

What I need to arrange

- ☐ Records and medication list requested by the clinic
- ☐ Medicines, supplies, and travel instructions from my treating team
- ☐ Ride to appointments, meals, and help with responsibilities at home
- ☐ For cross-border travel: required documents and coverage questions

My travel plan

Appointment / arrival / return dates:

Lodging and transportation / phone:

Backup plan if dates or health needs change:

Personal planning aid. Record individualized instructions from your care team.

Exploring care at Sunridge Medical?

Contact our team to discuss your situation and learn about scheduling a consultation. Call 1-800-923-7878.

sunridgemedical.com/contact-us/

